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**Prevention Begins with Testing:
YOUR HEALTH LAB offers FREE testing at the Cardeo Consumer Expo**

How can we help prevent heart disease? Because *Your Health Lab* knows that prevention begins with testing, we are proud to sponsor the Schull Institute Healthcare Conference and the CARDEO Consumer Expo to be held at Reliant Center in Houston from February 12th through February 15th, 2004.

The Cardeo Consumer Expo – February 14th and 15th – will provide several methods for people to identify their risk for heart disease. To aid this process, *Your Health Lab* will offer FREE cholesterol and glucose tests to the general public.

Once the risk level is identified through testing, one of the biggest preventative measure people at risk can take is to monitor their cholesterol levels. However, this task can be quite expensive, especially for those without medical insurance.

Your Health Lab, a CLIA certified laboratory, was created with the primary goal of helping the uninsured patient cut down on his/her medical costs. *Your Health Lab* provides cholesterol tests (as well as any other test available nationally) for – on average – half the price of other national laboratories.

No doctor's orders are required and no appointments are necessary. Just drop by one of the two Houston locations during laboratory hours, and you will receive immediate service. It usually only takes about 10 minutes to submit a sample and most results are available within 24 hours. You can retrieve your results via mail, fax, pick-up, or on our web-site (www.yourhealthlab.com). Results are confidential, but we will be more than happy to send the results to your doctor upon request.

In addition to providing direct access testing, *Your Health Lab* provides services to physicians and other health care providers in the greater Houston area. We accept and file Medicare/Medicaid and all types of private PPO insurance for patients at no charge. Your Health Lab provides timely and accurate results on clinical, pathology and cytology services.

At *Your Health Lab*, we pride ourselves on providing high quality services to all of our patients at low costs. We support all efforts by the medical community to help people take control of their health and that is why we are so pleased to sponsor CARDEO and the Schull Institute as they attack this deadly disease. So, take the first step: come to the CARDEO Expo and get tested. We are **Your Health Lab**, ready to serve your medical laboratory testing needs.

**7580 Fannin, Suite 101 . Houston, TX 77054
713-791-9252 . Fax 713-791-9253
Monday - Wednesday 8:00 - 5:30
Thursday - Friday 8:00 - 4:30
Closed daily for lunch 1:00 - 1:30**

**9000 SW Frwy, Suite 180 . Houston, TX 77074
713-771-9667 . Fax 713-771-9668
Monday - Friday 7:30 - 5:30, Saturday 9:00 - 3:00**

**Customer Care Line 1-866-You-H-Lab (968-4-522)
info@yourhealthlab.com**

FOR MEDIA INQUIRIES CONTACT JAMES GIETZ: 832-549-3142

(For more information on CARDEO, visit www.cardeo.com)